

*Life:*  
WHY WE  
MARCH

MARCH FOR LIFE



THE 2025 MARCH FOR LIFE

# TRAVEL *planner*



JANUARY 24, 2025 | WASHINGTON, D.C.



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## Dear Marcher,

Thank you for downloading the 2025 March for Life Travel Planner. Whether this is your first March for Life, or you have been attending for years, this is your guide to ensure your trip to Washington D.C. is a life-changing experience!

The annual March for Life brings together the pro-life movement in its entirety! Each year presents different challenges in the great battle of our time: changing our culture to make abortion unthinkable. We have heard from many of you that the work of building a culture of life has felt like an uphill battle since the overturn of *Roe*. Politicians who once stood firmly on pro-life principles now seem to be distancing themselves from our movement. At the same time, the acceptance and celebration of abortion can appear to be on the rise.

Onto that backdrop, this year's March for Life will include a return to our roots. And lots of stories! Why do each of us march? To remind the nation of the unshakeable truth that every human life, unborn and born, has profound dignity and unique value. Each baby in the womb deserves a chance to make the most out of life and is always worth fighting – and marching – for.

As we enter our 52nd year, the March for Life remains as crucial as ever – maybe even more so this year – serving as the largest and longest running human rights demonstration in the world, the one place each year that we can unite to show our unwavering support for the unborn and mothers, and advocate for the truth and beauty of a culture of life. By participating, you become a voice for the voiceless, a beacon of hope for the future, and an advocate for a culture that cherishes every life, no matter how small.

The 2025 March for Life will unite and rally us to build a brighter future for the unborn and their mothers. We invite you to join us to be part of this historic movement as we continue to shape a society that values and protects moms and babies.

Thank you for your commitment and dedication to the pro-life mission! Together, we will bring about a culture of life for generations to come.

For Life,



Jeanne F. Mancini  
President, March for Life



# tell us why *you march!*



marchforlife



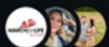
**UNITE AND RALLY THE  
PRO-LIFE MOVEMENT BY  
SHARING YOUR STORY!**

Tell the world why YOU are pro-life! If you have attended any previous March for Life, tell us about your experience and how it has impacted you.

**SUBMIT YOUR VIDEO!**



9,629 97 481



Liked by marchforlifeaction and others



*Life:*  
**WHY WE  
MARCH**

# SCHEDULE



## FRIDAY, JANUARY 24, 2025

11:00 a.m. - 12:00 p.m.	<b>Pre-Rally Concert</b>	National Mall
12:00 p.m. - 1:00 p.m.	<b>March for Life Rally</b>	National Mall
1:00 p.m. - 4:00 p.m.	<b>March for Life</b>	National Mall
6:00 p.m. - 9:00 p.m.	<b>Rose Dinner Gala</b>	Potomac Ballroom

# MARCH GUIDELINES

While walking and riding the metro in Washington, D.C., please be respectful of residents and commuters. You are a representative of the pro-life community.

Avoid engaging with counter-protesters. If they try to engage you, ignore them as best you can. However, if you are comfortable doing so, use your phone to video the situation. This is for your protection.

*How you carry  
yourself can  
change hearts  
and minds.*

Do not leave trash or signs on the grounds of the National Mall, Supreme Court, or Capitol. This is our nation's capital, and we should treat it with dignity and respect.

Once again, please be respectful of all people and stay focused on the cause of promoting and celebrating life, lovingly and graciously.

Sign up for March for Life email and text message alerts for updates.

**Text LIFE to 73075**



# MARCHERS AND MOST ESPECIALLY *young people!*

You are the heart of the pro-life movement; the best “ambassadors” for life! We are so very grateful for your witness and want to do everything possible to support and protect you as you stand for life at the 2025 March for Life.

Never forget you are a walking testimony for life and the pro-life movement. Your actions are an incredibly powerful declaration about the truth and beauty of life, and the inherent dignity of each human person.

We are proud of your witness and we need you! But, you should be aware that because of your courageous stance for life, you are held to higher standards. Your behavior is scrutinized, and you are targeted.

Please keep these higher standards in mind throughout the entirety of your visit to our nation’s capital for the March for Life. You should be guarded and know any moment of your trip could be captured on video.

Yet be not afraid! You are doing exactly what you should be doing! We need you, the unborn need you, and the world needs your positive hopeful witness! “Be who you are and you will set the world on fire.”



# TRAVEL information



## Public Transportation – DC/VA/MD Metrorail System:

### Metro locations near the March for Life rally:

Federal Triangle, Smithsonian, Metro Center, and Capitol South

### Metro Cards:

To order metro cards, please visit the website: [www.wmata.com/fares/smartrip/](http://www.wmata.com/fares/smartrip/)

Each SmarTrip® Card costs \$2. You can then register the card and add value online.

### Group Sales Office:

202-962-5700



METRO CARD



## Buses:

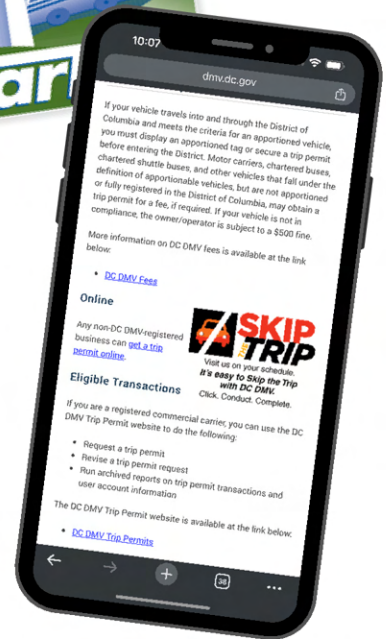
### Bus Permits:

To obtain a trip permit, please visit the website:

<https://dmv.dc.gov/service/get-trip-permit>

### Bus Drop-Off:

There are no specific bus drop-off locations since we are not notified in advance about road closures and traffic routes. However, we suggest that groups attempt drop-off near the National Mall or along Independence Ave.



BUS PERMITS

# TRAVEL *information*



## Parking for Buses and Cars:

### **Union Station:**

Parking is available at the Union Station Bus Terminal, which can also be a drop-off location for groups. Only reservations made in advance are guaranteed a parking space.

Pick-up and drop-off services are only valid within the Bus Deck Facility. Please see the website for parking rates or to make a reservation.

Phone: 202-898-1950

Website: [www.unionstationdc.com/parking](http://www.unionstationdc.com/parking)

### **Basilica of the National Shrine of the Immaculate Conception:**

Buses are allowed to park in the Basilica's main parking lot, accessed via Harewood Road. Parking is granted on a first-come, first-serve basis. There is no overnight parking at the Basilica.

Phone: 202-526-8300

Website: [www.nationalshrine.org](http://www.nationalshrine.org)

# HOTEL *information*

## **Westin D.C. Downtown Hotel**

The Westin D.C. Downtown Hotel is located across from the Washington Convention Center, between Capitol Hill and the White House. The hotel is 25 miles from Washington Dulles Airport and 5 miles from Ronald Reagan Washington National.

The March for Life has guaranteed the bulk of our rooms for three nights, Wednesday, January 22, Thursday, January 23, and Friday, January 24, 2025. We also have some rooms blocked before and after these dates for those wishing to extend their time in Washington, D.C.

### **WESTIN D.C. DOWNTOWN HOTEL**

999 9th St. NW  
Washington, D.C. 20001  
Phone: (202) 898-9000

#### **MFL Reservations:**

[www.marchforlife.org/national-march-for-life/](http://www.marchforlife.org/national-march-for-life/)

**Metro location: Gallery Place/Chinatown**

### **LODGING RATES:**

Rate: \$196.00

Tax: \$31.26

**Total: \$227.26**





**MARCH FOR LIFE'S 2025**

# ROSE DINNER GALA



**The Rose Dinner Gala is an intimate gathering of pro-life leaders, guest speakers, and influencers! This formal event includes cocktails and hors d'oeuvres, a three-course dinner, a live jazz band, and speaker testaments to the sanctity of human life!**

**POTOMAC BALLROOM**  
*The Westin Washington, D.C. Downtown*  
999 9th St. NW  
Washington, DC 20001

**JANUARY**  
**24**  
**2025**

**5:30 p.m.** - Cocktail reception  
**7:00 p.m.** - Dinner service  
**8:00 p.m.** - Keynote Address by  
**Bethany Hamilton**, Professional Surfer,  
Author, & Motivational Speaker

# MARCH FOR LIFE

## checklist

### TRIP LEADERS

- Itinerary
- Map of Washington, D.C.
- Hotel Confirmation Details
- Bus Parking Permit
- Metro Cards

### MARCHERS

CLOTHING: The weather in Washington, D.C. can be unpredictable in January. Be sure to pack layers and check the weather ahead of time.

- Pro-Life T-Shirt
- Long-Sleeved Shirt
- Sweatshirt
- Warm Socks
- Winter Coat
- Winter Hat
- Gloves
- Comfortable Shoes

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#### PERSONAL ITEMS:

- Backpack
- Handwarmers
- Water
- Snacks
- Phone/Charger
- Toiletries

*Don't forget your signs!*



*follow*  
**MARCH FOR LIFE**  
— ON SOCIAL MEDIA —



Let the world know that you are proudly pro-life!

Share your Reels, Stories, Posts. Whatever you're on, tag us  
and we'll share it to the entire pro-life movement!

*New Arrivals!*

*Life is our  
greatest legacy.*  
MARCH FOR LIFE

**Check out our all new  
March for Life apparel!**  
visit: [marchforlife.org/store](https://marchforlife.org/store)

 **MARCH FOR LIFE**



# THE SHROUD OF TURIN

## EXPLORING THE GREATEST UNSOLVED MYSTERY



### THE SHROUD OF TURIN

Come engage with one of the world's most mysterious artifacts. From the perspectives of faith and human reason, international Shroud scholars Father Peter B. Mangum and Dr. Cheryl White help unravel what is known—and yet unknown—about the Shroud of Turin.

A Q&A will be held after the presentation, and there will be an opportunity to view a full-sized replica of the Shroud, as well as other fascinating Shroud artworks and artifacts from the Richard Orareo collection.

**1:00–2:30 p.m. Presentation**

**2:30–3:30 p.m. Q&A**

**3:30–5:00 p.m. Explore Museum and Shroud Artifacts**



**museum of the Bible**

**January 23, 2025**

**WORLD STAGE THEATER**

**\$10 museum admission using code **MFL****

**Event price: \$4:99**

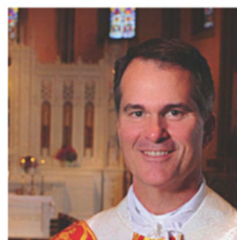


**Registration Is Required—  
Sign Up Today!**



**DR. CHERYL WHITE**

Dr. White is a professor of history at Louisiana State University at Shreveport, where she holds the endowed Hubert Humphreys Professorship. She currently serves on the board of directors of the Shroud of Turin Education and Research Association (STERA) and has published original research from the Vatican Secret Archives on the history of the Shroud for international journals and conferences. She works closely with the Center for the International Study of the Turin, and with Father Peter Mangum, curates the esteemed Richard Orareo Collection.



**VERY REVEREND PETER MANGUM**

Father Mangum is the pastor of Jesus the Good Shepherd Church in Monroe, Louisiana, and is co-host of the 36 episode podcast, *Who Is the Man of the Shroud?* His research in the Vatican Secret Archives has been published for international journals and conferences, and he is honored to work closely with the Center for the International Study of the Shroud in Turin. With Dr. Cheryl White, he curates the Richard Orareo Collection of rare artworks and artifacts related to the devotional history of the Shroud.



# Don't forget your signs!

Be bold. Be creative.  
Be a part of history!

